

INTERNATIONAL SCHOOL SPORT FEDERATION
&
SLOVAK SCHOOL SPORT ORGANISATION

ISF – CROSS-COUNTRY - 2010

WORLD SCHOOLS CHAMPIONSHIP

From 19th to 24th APRIL 2010

Liptovský Mikuláš – Slovak Republic

www.sass.sk/crosscountry/

Bulletin Nr. 2

General information about the Slovak republic.

State administration

The Slovak Republic member of EU from 2004 was founded January 1, 1993 as a democratic state with the parliamentary form of government. The president of the republic is elected directly from the citizens and remains in office for 5 years. The National Assembly (the parliament) is the legislative power. 150 members are elected for a 4 years term. The supreme body of the executive power is the government with the chairman at its head.

Official language: Slovak

Surface 49.035 km²

Currency Slovakia adopted the euro on 1 January 2009

Location

Slovakia is lies in Central Europe. The central and northern Slovakia is a mountainous region. The southern and eastern Slovakia is a lowland region, being an important agricultural area of the country.

Time Zone

1 hr ahead of GMT, the summer time which lasts from March to December is 2 hrs ahead of GMT, as in all European countries.

Borders

Ukraine 95.8 km, Poland 508.2 km, Austria 115.3 km, Hungary 630.9 km, Czech Republic 261.3 km.

Climate

Slovakia has a moderate climate, with cold and rigid winters, and with moderate and rainy summers. The lowest annual temperature is in mountain (at Lomnický Peak; -3,7°C). The warmest zone is the Podunajská Lowland. (10.3°C).

Population

The Slovak Republic has 5.379.455 of inhabitants (2001) of whom 51,4% they are women. The population that lives in Slovakia so is subdivided: Slovak nationality 85,7%, Hungarian minority 10,6%, Czech 1,1%, Roma 1,6%, Ruthenian 0,3%, Ukrainian, 0,3%, Poles and Germans.

The capital

Bratislava (451.616 inhabitants)

Religion

68,9% of the population is Roman Catholic, 6,9% are Protestants of Augsburg confession, 4,1% Greek-catholic, 2% Calvinist, 0.5% Orthodox.

We have pleasure in sending you Bulletin 2 for the **World Schools Cross-country Championship 2010** which will take place from Monday 19 to Saturday 24 April 2010 in Liptovsky Mikulas / Slovak Republic.

The championship is organised according to International School Sport Federation competition rules by the Slovak School Sports Association and Ministry of Education of the Slovak republic.

This bulletin contains further information to that published in bulletin 1.

The following countries have indicated an interest in taking part in this event:

(As of 1st October 2009)

REGISTERED COUNTRIES
ISF WORLD SCHOOL CHAMPIONSHIPS CROSS-COUNTRY 2010
SLOVAKIA - LIPTOVSKY MIKULAS (update 1.10.2009)

| | COUNTRY | SCHOOL TEAMS | | SELECTED TEAMS | |
|----|------------------|--------------|-----------|----------------|-----------|
| | | BOYS | GIRLS | BOYS | GIRLS |
| 1 | AUSTRALIA | X | X | X | X |
| 2 | AUSTRIA | X | X | | |
| 3 | BELGIUM FLANDERS | X | X | X | X |
| 4 | CANADA | X | X | | |
| 5 | CONGO D.R. | X | X | X | X |
| 6 | CZECH REPUBLIC | X | X | | |
| 7 | FRANCE | X | X | | |
| 8 | HUNGARY | X | X | | |
| 9 | CHINA P.R. | X | X | X | X |
| 10 | IRAN I.R. | | X | | X |
| 11 | IRELAND | X | | | |
| 12 | ISRAEL | X | X | X | X |
| 13 | ITALY | X | X | X | X |
| 14 | LUXEMBOURG | X | X | | |
| 15 | MOROCCO | X | X | X | X |
| 16 | NEW ZEALAND | X | X | X | X |
| 17 | NETHERLAND | X | X | | |
| 18 | PORTUGAL | X | X | X | X |
| 19 | SLOVAKIA | X | X | X | X |
| 20 | SLOVENIA | X | X | X | X |
| 21 | SPAIN | X | X | X | X |
| 22 | TURKEY | X | X | | |
| 23 | UKRAINE | X | X | X | X |
| | TOTAL | 22 | 22 | 13 | 14 |

If you have not yet paid the deposit, please do so by return of post!

We thank you for the interest which you have shown in this event and look forward to welcoming you to Liptovsky Mikulas / Slovak Republic.

**Organising Committee / Secretary General - Roman Kralik /
ISF Cross-Country 2010
Centrum volneho casu
Dr. A. Stodolu 1932
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Slovak Republic**

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1. COMPOSITION OF TEAMS AND CONDITIONS OF ENTRY

- 1.1 The competition is open both to school teams and to selected teams.
In both boys and girls categories a country must have entered a school team before being allowed to enter a selected team in the same category.

There will be a competition organised in the following categories:

School teams, boys School teams, girls
Selected teams, boys Selected teams, girls

- 1.2 All students in the boys school team must have been enrolled at the same school.
All students in the girls school team must have been enrolled at the same school.
- 1.3 All students of selected teams must have been enrolled at a school in the country concerned.
- 1.4 Each delegation shall nominate a Head of Delegation who shall be responsible for the team or teams in his/her delegation.
- 1.5 A full delegation will comprise 30 persons: a head of delegation, a deputy head of delegation, 4 teachers/trainers and 24 athletes (4 teams of 6 athletes).
- 1.6 Each participating country has the right to include a maximum of 2 additional adults whose function must be specified: doctor, physiotherapist, interpreter, security personnel, ministerial representative, journalist.....
Any other additional persons will not be considered part of the official delegation and will not be accredited by the OC.
- 1.7 Athletes must be enrolled as full-time students in the country which they represent and must have been born in 1993, 1994 or 1995. Neither older nor younger athletes will be accepted!
- 1.8 School teams must provide a document certifying that each athlete of the team is enrolled at that school. Athletes of selected teams must provide a document certifying that they are enrolled in a school in the country which they represent.
- 1.9 Each participating team must be nominated officially by the school sport authority in the ISF member country.

- 1.10 Before the start of the Championship each delegation shall present to the Control Commission:
- payment of the balance owing or proof that this has been paid.
 - for each athlete, a passport or official identity card bearing photo, surname, forename, date of birth and nationality.
 - the document certifying each athlete in a school team is normally registered at that school and that each athlete of a selected team is enrolled in a school in the country which they represent.

2. DATES

- 2.1 Delegations are to arrive on Monday 19 April 2010.
- 2.2 Delegations are to depart after breakfast on Saturday 24 April 2010.
- 2.3 The organisation of an extended stay for the delegation (before or after the event) is a matter for the country concerned. It shall not be the responsibility of the Organising Committee.
- 2.4 When the distance between Liptovsky Mikulas and the capital of a participating country, coming from another continent exceeds 5000 kilometers the delegation may extend their stay by arriving one day earlier **or** leaving one day later.
- 2.5 The organisers will be able to give you information on alternative accommodation in the area for your use outside the period of the World Championship and for those accompanying the delegation.

3. PROVISIONAL PROGRAMME

| | |
|---------------------------------|---|
| Monday 19th April | Welcome Payment of fees - Accreditation Housing of teams |
| Tuesday 20 th April | Meeting with heads of delegation (OC and ISF delegate) Technical meeting (TC + OC + coaches) Training at the cross-country area Opening Ceremony |
| Wednesday 21st April | ISF Cross-country 2010 Nations' Festival |
| Thursday 22 nd April | Cultural visit Excursion Meeting with coaches and heads of delegation (Topic = Friendship Relay) |
| Friday 23 rd April | Friendship Relay Prize-giving (medals & trophies) Closing Ceremony |
| Saturday 24 th April | Delegations depart |

4. TRAVEL

Travel as far as Bratislava or Kosice or Poprad international airport or Bratislava railway station is to be arranged and financed by each participating country.

Bratislava (300 km from L. Mikulas)

Košice (200 km from L. Mikulas)

Poprad (50 km from L. Mikulas)

The Organizing Committee will ensure the transport for all delegations to the lodging and return and during the whole period of the competition (19th – 24th April 2010) to the competition sites.

Warning:

In case of arriving at the international airport **Vienna-Schwechat (Austria)** the organizing committee will ensure the transport for a fee of 15 EUR per one person. The distance from Vienna to Bratislava is about 60 km. The Organizing committee must be informed beforehand.

5. BOARD, LODGING AND SERVICES

- 5.1 Athletes will be accommodated in 2 bedded rooms. (www.tatralandia.sk)
Adults acting as the head of delegation, the deputy head of delegation, the ISF delegate and the members of the Technical Commission for Athletics will be accommodated in single rooms, (www.hoteljanosik.sk). Head of delegation can be accommodated nearby of his team in Tatralandia holiday village in a case of his requirements. Coaches and referees will be accommodated in twin bedded rooms.
- 5.2 Meals will be taken at the lodging place (Bungalow Park). (www.tatralandia.sk)
Arrival day: lunch and/or dinner (according to arrival time).
Other days: breakfast – lunch – dinner.
Departure day: breakfast – lunch or packed meal (according to departure time and to meals on arrival day).
- 5.3 The competition will take place next to the lodging place.
- 5.4 There are banks and post offices in Liptovsky Mikulas..
- 5.5 A medical service will be available throughout the duration of the Championship.

6. FINANCE AND INSURANCE

- 6.1 The fees payable to the organisers of the Championship for each member of the official delegation amount to 42 EUR per person and per night for a maximum of 30 persons, as laid down in ISF rules.
In addition an ISF levy of 25 EUR per member of the delegation will be collected at the time of registration of teams.
Thus the total sum per person is 235 EUR (210 EUR+25 EUR).
- 6.2 For two supplementary adults the following regulation applies:

- For a single room 84 EUR per night
- For a double/twin room (2 additional persons) 42 EUR per night each
- For a double/twin room (1 additional person + 1 teacher or 1 referee) 42 EUR per night

Requests are to be made by the country concerned.

- 6.3 If the delegation travels by bus, the driver of the bus will be considered as a member of the delegation and will be charged 42 EUR per night..
- 6.4 When the distance between Liptovsky Mikulas and the capital of a participating country on another continent exceeds 5000 kilometers the delegation may extend its stay by arriving one day earlier or leaving one day later at the normal daily fee 42 EUR.
- 6.5 The deposit of 84 EUR per person will be deducted from the total to be paid. The balance in cash in EUR is to be paid on arrival in Liptovsky Mikulas (bank and credit cards will not be accepted) or may be paid by 15 March at the latest in EUR to the organisers' bank account as published in the third bulletin. All bank charges (for both deposit and balance) are to be met by participating countries.
- 6.6 Each country is required to provide insurance for each member of its delegation. At a minimum the insurance is to cover civil liability, material damage and medical costs.

7. GENERAL RULES

These rules will apply to all teams and will remain fixed for the duration of the World Schools Cross-country Championship.

- 7.1 The Organising Committee will be responsible for the running and control of the Championship.
- 7.2 The World Schools Championship is organised according to the ISF rules and to current IAAF rules.
- 7.3 The Organising Committee will nominate a Control Commission, a Disciplinary Commission and an Appeal Jury. Their responsibilities will be specified in bulletin 3.
- 7.4 The head of delegation shall be the official representative of all the teams in his/her delegation. He/she may not combine the function of head of delegation with that of coach. He/she shall be the sole intermediary between his/her delegation and the OC, the TC and the ISF Delegate.
- 7.5 All teams and all athletes are committed to take part in the sports program drawn up by the organisation and in the cultural and social activities.

8. TECHNICAL RULES AND INFORMATION

- 8.1 All competitions will be organised in accordance with the rules of the International Association of Athletic Federations (IAAF) and specific rules of the Technical Commission (TF) of the ISF
- 8.2 For the specific rules of MJH see the first bulletin.

8.3 Distances to run:

- Boys 5000-5500 meters
- Girls 3000-3500 meters

8.4 Teams Ranking:

- Every registered team is composed of 6 participants but only the 4 best runners will score for the ranking.
- The team with the lowest total score will be the winner.
- In case 2 or more teams score the same number of points, the winning team will be the one of which the fourth participant will be the best ranked.

School teams and selected teams will be classified separately.

9. PRIZE GIVING

- 9.1 Each player will receive a commemorative certificate.
- 9.2 The teams finishing first, second and third will be rewarded with medals and trophies.
- 9.3 The ISF Fair Play Trophy will be awarded to a delegation by the Disciplinary Commission following consultation with the ISF TC, the delegations and the Organising Committee.

10. ENTRIES

The second entry form (see Appendix) duly completed and signed by the organisation responsible for school sport must be returned to the organiser **by 31st December 2009 at the latest.**

If you have not yet paid the deposit, please do so by return!

11. NOTE CONCERNING BULLETIN 3

- 11.1 The definitive entry form will be sent to participants in good time. On this form you will be required to give the following information:
- a) name of country
 - b) name of the organisation responsible for school sport
 - c) name of head of delegation and possibly deputy head of delegation
 - d) names of teachers/trainers
 - e) names of athletes
 - f) dates of birth of athletes
 - g) names of boys' and girls' school teams schools
 - h) names of the additional persons
 - i) precise information on travel times
 - j) particular dietary requirements
 - k) special requests

Please have this information available for February 2010.

- 11.2 Each member of the delegation is to provide two identity photographs for the accreditation card to be used during the event.
- 11.3 The 3rd bulletin will give you further information about the socio-cultural program, the definitive event program and the make-up of the Control Commission, the Disciplinary Commission and the Appeal Jury.

12. COMMITMENTS TO BE HONoured BY DELEGATIONS

- 12.1 Each participant is required to be present throughout the duration of the event.
- 12.2 Each participant is obliged to take part in all of the non-sport activities.
- 12.3 The absence of any member of a participating team from any part of the entire sport program, opening-, prize-giving- and closing ceremonies and socio-cultural program will result in the disqualification of that team.

13. DOPING

Dope testing (for use of banned substances) will take place during the competition according to current law/procedures in Estonia.

If selected for testing a competitor may be accompanied by an adult. If a competitor is following a course of medical treatment he or she must obtain certification to that effect and inform the organisers immediately upon arrival.

14. VISA INFORMATION

The following citizens of countries registered to World Schools Cross-country Championship 2010 require a visa to enter in Slovak Republic: (Slovakia is member of European Union)
(Names of the countries concerned)

If there is not a Slovakian Representation in your country of location then you should contact the closest Slovakian Representation. In that case it is permitted if needed to apply for a visa also by post, sending all required documents to the closest Slovakian Representation. In that case you have to pick up the visa personally. For more detailed information please contact the Representation where you plan to apply for your visas.

Looking forward to meet you in Slovakia in April 2010.

Address OC - ISF Cross – country 2010:

**Organising Committee / secretary General -Roman Kralik
ISF Cross-Country 2010
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Dr. A. Stodolu 1932
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**Contact Person: Mr. Roman Kralik,
Secretary General of the Organising Committee**

Important web links:

www.sass.sk/crosscountry/ (home)

www.liptov.sk (region information's)

www.tatralandia.sk (accommodations)

**INTERNATIONAL SCHOOL SPORT FEDERATION
&
SLOVAK SCHOOL SPORT ASSOCIATION**

ISF CROSS – COUNTRY 2010

WORLD SCHOOLS CHAMPIONSHIP

***From Monday 19th April to Saturday 24th April 2010
LIPTOVSKY MIKULAS / SLOVAKIA***

| |
|-------------------------------------|
| ENTRY REGISTRATION FORM N° 2 |
|-------------------------------------|

- We confirm the commitment of the above-named country to participate in the ISF World Schools Cross-country Championship according to the regulations stipulated in bulletins 1 and 2 and we shall send:
 - a) a school team of **boys** Yes / No
 - b) a school team of **girls** Yes / No
 - c) a selected team of **boys** Yes / No
 - d) a school team of **girls** Yes / No

- Total number of persons making up the delegation including adults, athletes and a maximum of 2 additional persons:

- Travel plans:
.....

| | |
|--|-----------------|
| Signature: _____ | Date: _____ |
| _____ | |
| Name: _____ | Position: _____ |
| _____ | |
| Organisation responsible for school sport: _____ | |
| Address: _____ | |
| _____ | |
| _____ | |

Telephone: _____ Fax: _____ E Mail: _____

| |
|--|
| To be returned by 31st December 2009 to |
|--|

Organising Committee – ISF CROSS – COUNTRY 2010
Secretary general Roman Kralik
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