



ISF CROSS-COUNTRY 2010
WORLD SCHOOLS' CHAMPIONSHIP



APRIL 19th-24th 2010
LIPTOVSKÝ MIKULÁŠ - SLOVAKIA

Bulletin No. 1

**INTERNATIONAL SCHOOL SPORT FEDERATION
&
SLOVAK SCHOOL SPORT ORGANISATION**

ISF – CROSS-COUNTRY - 2010

WORLD SCHOOLS CHAMPIONSHIP

From 19nd to 24th APRIL 2010

Liptovský Mikuláš – Slovak Republic

www.sass.sk/crosscountry/

Bulletin Nr. 1

The Executive Committee (EC) of the International School Sport Federation (ISF) has decided to entrust the organization of the World Schools Cross-country 2010 to Liptovský Mikuláš / Slovak Republic from 19th to 24th April.

The competition will be organized by the Slovak School Sports Association and Ministry of Education of the Slovak republic.

1. INVITATIONS

Invitations are addressed to:

- ISF full member countries
- ISF associated member countries
- Organizations in charge of School Sports in other countries
- Members of the ISF Executive Committee
- Members of the ISF Technical Commission of Athletics
- IAAF and the European Federation of Athletics

2. COMPOSITION OF TEAMS AND RULES FOR PARTICIPATION

2.1 The competition is open both to school teams and to selected teams.

In both boys and girls categories a country must have entered a school team before being allowed to enter a selected team in the same category.

There will be a competition organised in the following categories:

School teams, boys
School teams, girls
Selected teams, boys
Selected teams, girls

2.2.1 All students in the boy's school team must have been enrolled at the same school. The same rule for the girl's school team.

2.2.2 All students of selected boy's teams and of selected girl's teams must have been enrolled at a school in the country concerned

2.3 All students must have been born in 1993, 1994 or 1995
Neither older nor younger students will be accepted!

2.4 Each team shall be composed of 6 athletes and 1 teacher.
Each delegation shall nominate a Head of Delegation who shall be responsible for the team or teams in his/her delegation. He/she may not combine the functions of head of delegation and coach.

Where a country is represented by only one team, its delegation may comprise up to **8** persons.

A country may enter a maximum of 4 teams (1 school team of girls, 1 school team of boys, 1 selected girls teams and 1 selected boys teams).

Delegations from countries which enter more than 2 teams may nominate a deputy head of delegation.

Thus a full delegation will comprise 30 persons.

Head of delegation	1	Person
Assistant of the head of delegation (in case of 3 or 4 teams registered)	1	Person
Teachers or coaches (1 per team)	4	Persons
Boys school team	6	Persons
Girls school team	6	Persons
Selected team boys	6	Persons
Selected team girls	6	Persons
Total: maximum	30	Persons

2.5 Each participating country has the right to include a maximum of 2 additional adults whose function must be specified: doctor, physiotherapist, interpreter, security personnel, ministerial representative, journalist.....
Any other additional persons will not be considered part of the official delegation and will not be accredited by the OC.

2.6 Athletes must be enrolled as full-time students at the school which they represent. They must be attending schools which provide a general education (General Competition Rules GCR - 7.3)

The following are not eligible to participate (GCR - 7.7):

- a) pupils of vocational schools who only attend that school as a complement to their vocational training;
- b) school teams and pupils enrolled at schools which provide sports training without any general education;
- c) part-time (e.g. afternoon) sports schools which take pupils from a variety of schools for training in one or more sports;
- d) teams formed as part of clubs, companies, universities or other institutions.

2.7 Each participating team must be nominated officially by the organisation responsible for school sport and which is a member of ISF.

3. PROVISIONAL PROGRAMME

Monday 19nd April	Welcome Payment of fees - Accreditation Housing of teams
Tuesday 20 th April	Meeting with heads of delegation (OC and ISF delegate) Technical meeting (TC + OC + coaches) Training at the cross-country area Opening Ceremony
Wednesday 21th April	Competition Nations' Festival
Thursday 22 nd April	Cultural visit / Excursion

	Meeting with coaches and heads of delegation (topic = Friendship Relay)
Friday 23 rd April	Friendship Relay Prize-giving (medals & trophies) Closing Ceremony
Saturday 24 th April	Delegations depart

4. TRAVEL

Travel as far as Bratislava or Kosice or Poprad international airport or Bratislava railway station is to be arranged and financed by each participating country.

Bratislava (300 km from L. Mikulas)

Košice (200 km from L. Mikulas)

Poprad (50 km from L. Mikulas)

The Organizing Committee will ensure the transport for all delegations to the lodging and return and during the whole period of the competition (19th – 24th April 2010) to the competition sites.

Warning:

In a case of use international airport Vienna-Schwechat (Austria). Distance from Vienna to Bratislava is 60 km, organizing committee will ensure the transport for a fee of 15 EUR per one person. Organizing committee must be informed beforehand about it.

5. FEES AND INSURANCE

- 5.1 In return for the entry fees which are fixed by the ISF Executive Committee, the Organising Committee will be responsible for board and lodging for participants for the duration of the championships, for the competition and cultural programme activities and for all transport in connection with the official programme (arrival, departure, sports and cultural programmes)
- 5.2 In accordance with the rules laid down by ISF, the payment to be made to the organisers of the World Championship amount to 42 EUR per person and per night for a maximum of 30 persons.

An additional ISF levy of 25 EUR per delegation member will be collected at the time of registration.

The total sum per person is therefore **235 EUR** (210 EUR + 25 EUR).

When the distance between Bratislava and the capital of a participating country on another continent exceeds 5000 kilometres the delegation may extend its stay by arriving one day earlier or leaving one day later at the normal daily fee (42 EUR).

- 5.3 For two supplementary adults the following regulation applies:
 - For a single room 84 EUR per night
 - For a double/twin room (2 additional persons) 42 EUR per night each

- For a double/twin room (1 additional person + 1 teacher or 1 referee) 42 EUR per night each

Requests are to be made by the country concerned.

- 5.4 If the delegation travels by bus, the driver of the bus will be considered as a member of the delegation and will be charged 42 EUR per night.
- 5.5 The organisation of an extended stay for the delegation (before or after the event) is a matter for the country concerned. It shall not be the responsibility of the Organising Committee.
- 5.6 Each country is required to provide insurance for each member of its delegation. At a minimum the insurance is to cover civil liability, material damage and medical costs.

6. DEPOSIT

- 6.1 Along with the entry, each country must pay a deposit of 84 EUR per person as confirmation of the entry.

The deposit must be sent **as a single payment for the whole delegation** by the organisation responsible for school sport (federation, trust, ministry...) Payments made by individual schools will not be accepted.

The sum of the deposit will be deducted from the total cost of participation.

This deposit is non-refundable in the event of non-participation unless the delegation has informed the organisers before 30th November 2009 or in the case of force majeure. The latter instance will require the approval of the ISF Steering Committee.

- 6.2 The ISF Secretariat is responsible for registering all deposits before 30th November 2009.

- 6.3 The deposit is to be paid to the following account:

Name of bank: Fortis Bank

Address : Pastoor Coplaan 202, 2070 Burcht, Belgium

BIC (Swift Code) : GEBABEBB

Payee: ISF, Boomgaardstraat 22 B39 2600 Berchem - Antwerp, Belgium

IBAN : BE03 0015 2130 7984

Reference: ISF – Cross-country – 2010 (name of participating country)

- 6.4 The balance in cash in EUROS is to be paid on arrival in Liptovsky – Mikulas (bank and credit cards will not be accepted) or may be paid in EUROS to the organisers' bank account as published in the third bulletin by date at the latest on 31st March 2010.

- 6.5 All bank charges (for both deposit and balance) are to be met by participating countries.**

7. TECHNICAL RULES

- 7.1 The competition will be run according to current ISF and IAAF rules under the direction of the ISF Technical Commission.

Distances to run:

- Boys 5000-5500 meters
- Girls 3000-3500 meters

Teams Ranking:

- Every registered team is composed of 6 participants but only the 4 best runners will score for the ranking.
- The team with the lowest total score will be the winner.
- In case 2 or more teams score the same number of points, the winning team will be the one of which the fourth participant will be the best ranked.

School teams and selected teams will be classified separately.

Details of technical regulations and competition formats will be annexed to bulletins 2 and 3.

8. REGISTRATION

- 8.1 The entry registration form (see attached) should be duly completed and signed on behalf of the organisation responsible for school sport and returned to the organisers **at the latest by 30th September 2009:**

Entry forms must be filled in carefully or mailed to the following address:

**Organising Committee:
ISF Cross-Country 2010
Centrum volneho casu
Dr. A. Stodolu 1932
03101 Liptovsky Mikulas
Slovak Republic**

Tel. : +421 911 641 241

e mail : isf.crosscountry2010@gmail.com

- 8.2 The detailed entry bearing the names of all the players and other members of the delegation is to be returned to the OC by 1st March 2010 (detailed entry forms will be included with Bulletin 3).

9. COMMITMENTS TO BE HONOURED BY DELEGATIONS

- 9.1 Each participant is required to be present throughout the duration of the event.
- 9.2 Each participant is obliged to take part also in all of the non-sport activities.
- 9.3 Each team undertakes to compete against all other participating teams.
- 9.4 Each participant undertakes to compete against all other participants.
- 9.5 The absence of any member of a participating team from any part of the entire sport programme, opening-, prize-giving- and closing ceremonies and socio-cultural programme will result in the team being excluded from the results.

10. DOPING

Dope testing (for use of banned substances) can take place during the competition according to current law/procedures in Slovak Republic.

If selected for testing a competitor may be accompanied by an adult. If a competitor is following a course of medical treatment he or she must obtain certification to that effect and inform the organisers immediately upon arrival.

Address OC - ISF Cross – country 2010:

**Organising Committee
ISF Cross-Country 2010
Centrum volneho casu
Dr. A. Stodolu 1932
03101 L. Mikulas
Slovak Republic**

telephone : +421 911 641 241

e -mail : isf.crosscountry2010@gmail.com (please use scanner)

**Contact Person: Mr. Roman Kralik,
Secretary General of the Organizing Committee**

Please return the entry registration form to the Organizing Committee as soon as possible but by 30th September 2009 the latest and send a copy to the ISF Secretariat by fax (++ 32-3-286.07.47) or e-mail (jan.coolen@isfsports.org).

Please pay the deposit before the 30th of November 2009

**Looking forward to meet you
in Slovakia
in 19th – 24th April 2010**

Organising Committee - ISF CROSS-COUNTRY 2010

Important web links:

www.sass.sk/crosscountry/ (home)

www.liptov.sk (region information's)

www.tatralandia.sk (accommodations)

***INTERNATIONAL SCHOOL SPORT FEDERATION
&
SLOVAK SCHOOL SPORT ASSOCIATION***

ISF CROSS – COUNTRY 2010

WORLD SCHOOLS CHAMPIONSHIP

***From Monday 19th April to Saturday 24th April 2010
LIPTOVSKY MIKULAS / SLOVAKIA***

ENTRY REGISTRATION FORM

